



## **Terra Linda Homeowners' Association**

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### **How to be Prepared**

- Electricity, water, gas and telephones may not be working after an earthquake. The police and fire departments are likely to be tied up. You should be prepared to fend for yourself for at least three days.
- You'll need food and water (a gallon a day per person); a first aid kit; a fire extinguisher; flashlights; a portable radio; extra batteries, blankets, clothes, shoes and money (ATMs may not work); medication; an adjustable or pipe wrench to turn off gas or water, if necessary; baby and pet food; and an alternate cooking source (barbecue or camp stove).
- It's also a good idea to decide beforehand how and where your family will reunite if separated during a quake and to conduct in-home practice drills. You might choose an out-of-the-area friend or relative that family members can call to check on you.

### **During an Earthquake**

- If you're indoors, stay there. Get under -- and hold onto -- a desk or table, or stand against an interior wall. Stay clear of exterior walls, glass, heavy furniture, fireplaces and appliances. If you're in an office building, stay away from windows and outside walls and do not use the elevator.
- If you're outside, get into the open. Stay clear of buildings, power lines or anything else that could fall on you.
- If you're in a mountainous area, beware of the potential for landslides. Likewise, if you're near the ocean, be aware that tsunamis are associated with large earthquakes. Get to high ground.

### **After an Earthquake**

- Check for fire or fire hazards. If you smell gas, shut off the main gas valve. If there's evidence of damage to electrical wiring, shut off the power at the control box.
- If the phone is working, only use it in case of emergency. Likewise, avoid driving if possible to keep the streets clear for emergency vehicles.
- Listen to the radio for important information and instructions. Remember that aftershocks, sometimes large enough to cause damage in their own right, generally follow large quakes.

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